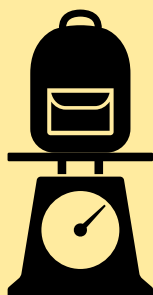


# Protect Your Child from Back Pain with our **BACKPACK SAFETY CHECKLIST**

Put the heaviest books closest  
to your child's back

The lowest part of the bag  
should not exceed 4 inches  
below your child's waistline



The right bag will not exceed 10%  
of your child's weight

Be sure that straps are tight and  
supported by your child's body

If there is a chest and/or hip  
belt, be sure to fasten them



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